



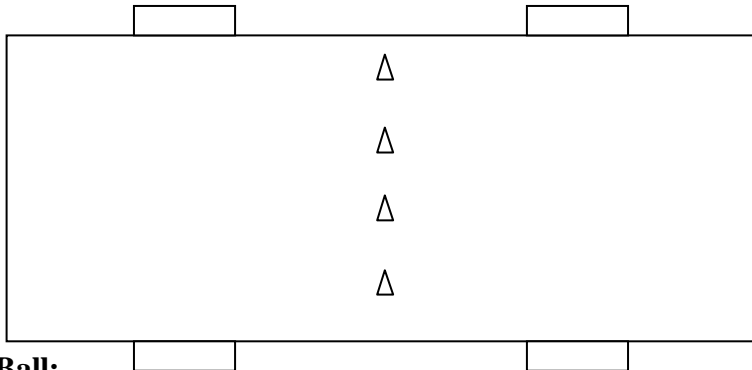
MOOSE JAW SOCCER ASSOCIATION INC.

Box 2294 • Moose Jaw, SK • S6H 7W6
Phone (306) 692-1555
Fax (306) 694-0022
Email office@moosejawsoccer.ca

U8 RULES 2011-2012 INDOOR LEAGUE

Field of Play:

- Each U8 pitch will occupy one-half of a standard quarter pitch as shown in the figure below.
- Each goal net (small aluminum – 6'x12') will be centered on the standard sized touchlines which will now be the U8 endline.
- A set of cones will be placed to divide the standard sized quarter pitch into two equal sized U8 pitches.



The Ball:

The ball will be a # 3 outdoor ball.

Number of players:

- Each team is allowed 5 players at a time (5v5) on the field.
- Goal keepers will be allowed.
- Unlimited substitutions (on the fly). Coaches are encouraged to make frequent shift changes.

Players' Equipment:

- All players must wear socks over shinguards.
- Players must not wear anything that is dangerous to themselves or to other players.
- Medical alert bracelets are allowed to be worn during competition – but they MUST be covered with a soft appropriate cloth (e.g. wrist band).
- Casts & knee braces can be worn, but MUST be covered with a soft suitable covering to protect everyone. They are not to be used as weapons. The referee will have discretion on the use of any cast / knee brace.

Duration of the Game:

- The game consists of 2 twenty minute halves (running time) with a three minute half-time intermission.
- **Each team will have a ten minute training session prior to the start of each game.**

Start of Play:

- At the start of each half and after every goal there will be a kick-off at center court. To start the first half the home team will kick off and the visiting team will choose ends.
- Teams shall switch ends at half-time. The visiting team kicks off the second half.
- The team scored upon kicks off after a goal is scored. A kick off is just like a free kick (see Free Kick rule below). In addition to all the free kick rules, each team must be in their own defensive half until the ball is kicked. The kick off must go forwards.
- If the game must be stopped for an injury (or for some other reason not covered elsewhere in these rules), the restart is a dropball. The coach drops the ball between two opponents. Neither opponent may kick the ball until it touches the field first.

Ball In and Out of Play:

- The ball is out of play when the whole of the ball crosses the whole out of bounds lines.
- If the ball touches the ceiling and/or its fixtures restart the game with a drop ball.
- The ball is also deemed out of play when a foul is called and is not back in play until after the free kick is taken.

Method of Scoring:

- A goal is scored when the whole of the ball has passed over the whole of the goal-line between the goal-posts and under the crossbar.

Technicalities:

- There are **NO** offsides, corner-kicks, throw-ins, kick-offs, goal-kicks, direct free kicks, or penalty kicks.

Fouls:

- A free kick is awarded to the opposing team if a player kicks, trips, holds or pushes an opponent; plays in a dangerous manner or deliberately uses the hands or arms to play the ball.
- **NO** slide tackling allowed.
- **No SPITTING – Anyone caught spitting will be asked to leave (as per Field House Rules)**

Free Kicks:

All free kicks are indirect kicks meaning that a goal cannot be scored until some other player on either team contacts the ball first. Free kicks are taken from the place where the infraction occurred. No free kick should be taken closer than 6 meters to either goal. On all free kicks the opponents of the team taking the kick must be at least 3 meters from the ball until it is kicked. The teammates of the player taking the kick may position themselves wherever they wish. The player taking the free kick may not contact the ball again until it first contacts some other player on either team.

Coach Referees:

- Coaches referee their own games.
- Coaches shall warn any player for unsporting behavior or persistent misconduct. They may disallow any player's further participation in that game for serious foul play, violent conduct or after repeated warnings about unsporting behavior or persistent misconduct. The player's team does not have to play short.